

LASIK

Post Op Care



1. Tobradex four (4) times daily for 1 week
2. Preservative free Artificial tears two (2) times per hour
3. PM ointment, bedtime only, 3-5 days
4. No hot tubs, saunas or jacuzzi's for one week
5. Do not rub eyes for 2-4 weeks
6. For 5 days, wear a headband to prevent sweat in eyes during any physical activities resulting in sweating.
7. For 5 days, exclude animals from your sleeping area or near your face
8. For 3 weeks, no pools, scuba, snorkeling, oceans, streams, lakes, ponds or water other than showering.
9. For 4 days, no make up, eyeliner, mascara etc. Then start with a fresh tube of mascara

For Questions or More Information Call

541-343-5000